Guards:
10 returned
11 sent out
11 acknowledged
awaiting replies from
Q1. Two years have elapsed since your participation in the mock prison experiment at Stanford, can you describe what, if any, effects this experience has had on you since then.
   1. none
   2. primarily positive
   3. primarily negative
   4. mixed, both P & N

   Please elaborate as specifically as possible.

My positive and negative feelings, both, are due to my inability to account for the extreme effects the experiment produced in the emotional balance of the prisoners who collapsed or were about. The inability of these people to get along normally in a situation that I never saw and do not now see as threatening or particularly straining (but which obviously was, judged by the collapses) unsettled me at the time of the experiment and still does. This unsettled feeling, I believe, is not due to changing perceptions of my role in the experiment, but to my inability to understand the mental anguish that the experiment produced.
Q2. Would you volunteer for a similar study again – that is, on mock prison role-playing?
  X yes  ___ no  ___ not sure

But only if I was a:  _____ guard
  X  prisoner
  _____ research staff

Comment:
  I would want to experience the situation from the other side.

Q3. Would you recommend that a friend participate in such a study?
  yes  X
  no
  not sure

Why?
  It was a very interesting and engaging experience.

Q4. How much money per day do you think it is worth to be paid to be in such a study as ours?
  as a guard
  as a prisoner

I really don't know; from an economic viewpoint I see such experiments as unskilled labor, and pay should reflect that. Same pay for p or g.

Q5. What is the worst thing you recall about your experience?

Trying to maintain impersonalness in dealing with individual "prisoners" X who were upset.

Q6. What is the best thing you recall about your experience?

I don't recall any "good" thing. I either felt interested in a neutral way, or upset (usually the former).
Q7. Did you ever dream about your experience?
   _____ yes   _____ no

   If yes, please describe.

Q8. Do you believe that this study you participated in was unethical?
   _____ yes   _____ no   _____ unsure

   Please comment.

   To me something is unethical if it is motivated from bad intent, or grows from such gross ignorance, avoidable ignorance, that it has bad results. Practically any social research runs the latter risk to some extent. But I don't feel this experiment violated either of these criteria.

Q9. If you were a guard, what were you doing during the "time-off" between shifts?

   Reading, visiting friends, visiting museums.

Q10. If you were a guard, was there any noticeable carry-over of your role-playing to your life during these times between shifts when you were on the outside?

   No.
Q11. If you were a prisoner, what were you doing on the Sunday morning prior to being picked up?

Q12. If you were a prisoner, how did you try to cope with the prison situation once you realized how "total" it was (psychologically and behaviorally).

Q13. If you had it to do all over again in the same role you were before, in what ways, if any, would you behave differently?

I really don't know. I think that in light of the events of the first experiment I would have a tendency to decline acting as provocatively or antagonistically as as I did. I might tend to avoid any real engagement with the "prisoner," the way the other two "guards" on my shift did-- or one other, I sias suppose, since one John did seek engagement in a positive personal way (thought I didn't know this until debriefing). A second possibility is that I might try to be as nice and personal and friendly as possible within the prison rules. This possibility never occurred to me the first time around, since I was oriented from the outset toward recreating, within constraints of my ethics (described in the journal I sent you around April '73), the strains of real prison life as I knew and imagined them from wide reading over a period of a few years.
If there is any other information you care to add about your reactions, insights or evaluation, please do. Thanks.

Nothing to add to the journal I submitted in April or so of 1973.
Final Follow-up Evaluation
Stanford Prison Experiment
Dr. P. G. Zimbardo

Name: [Redacted]  
Date: 27 July 1973

Prisoner: # [Redacted]  
 Guard Shift: 6PM - 2AM

Current Mailing Address:

BEGINNING 9-1-73

PA 94306

PA 94306

Q1. Two years have elapsed since your participation in the mock prison experiment at Stanford, can you describe what, if any, effects this experience has had on you since then.

1. none
2. primarily positive [X]
3. primarily negative
4. mixed, both P & N

Please elaborate as specifically as possible.

Apart from some early guilt feelings over my actions, I feel that the experience was significantly educational for me. In a general sense it caused me to become interested in the whole U.S. prison and criminal justice system, and enabled me to effectively communicate my views to individuals and small groups. On a personal level it shed light on subtle techniques of manipulation and made me examine my own group-oriented behavior in a more critical manner. The realization that the experiment got out of hand for both experimentors and subjects has been a valuable object lesson in evaluating my proper course of actions in all leader-follow situations.
Q2. Would you volunteer for a similar study again - that is, on mock prison role-playing?  

[ ] yes  [ ] no  [ ] not sure  

But only if I was a:  

[ ] guard  [x] prisoner  [x] research staff  

Comment: guard - no thanks, have done that trip  
            prisoner - this was my original interest  
            res - yes, but probably only in an independent  
            service or advisory capacity.  

Q3. Would you recommend that a friend participate in such a study?  

[ ] yes  [x] no  [ ] not sure  

Why?  

anything that makes one think...  

Q4. How much money per day do you think it is worth to be paid to be in such a study as ours?  

as a guard  

as a prisoner  

for love or else whatever bread you can hustle it for.  

Q5. What is the worst thing you recall about your experience?  

I think it most disabled court procedures. They entailed just plain upfront nastiness, no real room for aesthetic maneuvering. Courts reminded me of the "bad game" aspects of the experiment, while one on ones were a much more fellow field for role creativity or even role dissolution.  

Q6. What is the best thing you recall about your experience?  

the most fun I had was on visiting night, standing around parents and friends as an alien, quiet but menacing + following thru by controlling the conversations inside the cell block. The element of disconcerting people so that they couldn't react appropriately was enjoyable. Also rapping with various people was always a pleasure as usual.
Q7. Did you ever dream about your experience?
   □ yes □ no
   If yes, please describe.
   I absolutely never remember dreams.

Q8. Do you believe that this study you participated in was unethical?
   □ yes □ no □ unsure
   Please comment. One gets what one pays for. Everybody including any prisoners was afforded the opportunity for affirmative actions destructive to the anti-life atmosphere extant. But no one thought of stepping outside the group context with such action, much less did anything.

Q9. If you were a guard, what were you doing during the "time-off" between shifts?
   Lying in the sun, drinking beer, making love, reading, and playing cards.

Q10. If you were a guard, was there any noticeable carry-over of your role-playing to your life during these times between shifts when you were on the outside?
   My life is one of continuous role-playing. My trip is to understand what each role is all about and to do it right. During my off hours I was into heavy roles as hippie summer freak lover bridge playing spaced-out intellectual. Authoritarianism as a conscious choice is no fun. And no carry-over that I know about.
Q11. If you were a prisoner, what were you doing on the Sunday morning prior to being picked up?

Q12. If you were a prisoner, how did you try to cope with the prison situation once you realized how "total" it was (psychologically and behaviorally).

Q13. If you had it to do all over again in the same role you were before, in what ways, if any, would you behave differently?

Knowing what I do now (of course) I would try to play more experimenters and participants off against each other rather than coming down hard on prisoners, thus getting the type of inter-personal data I want. A little covert sabotage would be tried but gently, gently. Lying is useless and not much fun unless it is done carefully and well.
If there is any other information you care to add about your reactions, insights or evaluation, please do. Thanks.

It didn't last long and nobody got hurt too bad, but a real prison it was. Yes, indeed.

There but for fortune could you or I today be a member of KEEP carrying out the game plan Coach MN rotating QB and TE at quarterback while the rest of the team gets chewed up in the line following orders. You and me carrying nightsticks and saying "Just please Mr. Correctional Officer," hands gripping bars.
Q1. Two years have elapsed since your participation in the mock prison experiment at Stanford, can you describe what, if any, effects this experience has had on you since then.
1. none
2. primarily positive
3. primarily negative
4. mixed, both P & N

Please elaborate as specifically as possible.

The experiment made me very aware of the mental torture that a prisoner must be going through. Also the obvious capacity of guards in a system that really involves both it's positive in the sense of showing me a little insight into our prison system negatively in the sense that, I feel powerless in doing anything about such a tight-fitted organization.
Q2. Would you volunteer for a similar study again - that is, on mock prison role-playing?  
   yes    V   no    ___  not sure  
   But only if I was a: _______guard  
   _______prisoner  
   _______research staff  

Comment: I don't need the experience again.

Q3. Would you recommend that a friend participate in such a study?  
   yes ___  
   no ___  
   not sure ___  

Why?  

Q4. How much money per day do you think it is worth to be paid to be in such a study as ours?  
   as a guard  ___  
   as a prisoner ___  

Q5. What is the worst thing you recall about your experience?  

   At times when I really felt the guard role I was playing.

Q6. What is the best thing you recall about your experience?  

   The fact that I was involved in a real learning experience.
Q7. Did you ever dream about your experience?
   ____yes  ____no
   If yes, please describe.

Q8. Do you believe that this study you participated in was unethical?
   ____yes  ____no  ____unsured
   Please comment.
   all people involved were volunteers
   i believe all of us came out of it, a little richer in knowledge.

Q9. If you were a guard, what were you doing during the "time-off" between shifts?
   My normal activities.

Q10. If you were a guard, was there any noticeable carry-over of your role-playing to your life during these times between shifts when you were on the outside?
   no
Q11. If you were a prisoner, what were you doing on the Sunday morning prior to being picked up?

Q12. If you were a prisoner, how did you try to cope with the prison situation once you realized how "total" it was (psychologically and behaviorally).

Q13. If you had it to do all over again in the same role you were before, in what ways, if any, would you behave differently?

It's hard to say, until you are in it again. You really don't know. You like to think that you'd behave in such and such a way, but the situation usually commands you.
If there is any other information you care to add about your reactions, insights or evaluation, please do. Thanks.

It was well worth it.

Thank you
Q1. Two years have elapsed since your participation in the mock prison experiment at Stanford, can you describe what, if any, effects this experience has had on you since then.
   1. none
   2. primarily positive
   3. primarily negative
   4. mixed, both p & N

Please elaborate as specifically as possible.

```
Positively, it helped me gain further insight into human behavior, including my own. The guards assumed a dominant character, and the prisoners a submissive one, all kinds of atrocities can be perpetuated without guilt or outrage.

Negatively, some people, having heard or read about the experiment, believed that it was my true character displayed and harassed or challenged me.
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Q2. Would you volunteer for a similar study again - that is, on mock prison role-playing?
   __ yes   ___ no   ___ not sure
   But only if I was a: _______ guard
                        _______ prisoner
                        _______ research staff
Comment: I doubt that a repeat performance would give you similar results.

Q3. Would you recommend that a friend participate in such a study?
   yes   ___
   no   ___
   not sure ___
Why?      for a different and mind expanding experience

Q4. How much money per day do you think it is worth to be paid to be in such a study as ours?
   as a guard 15-20 #
   as a prisoner 20-25 #

Q5. What is the worst thing you recall about your experience?
   the stench, the hatred, the effort necessary to keep ones role convincing to the others, the guilt

Q6. What is the best thing you recall about your experience?
   the money, the sandwiches
47. Did you ever dream about your experience?
   ——— yes ——— no
   If yes, please describe.

48. Do you believe that this study you participated in was unethical?
   ——— yes ——— no ——— unsure
   Please comment. While I am unsure if any of
   the subjects were afflicted with lasting psychic damage, the conditions were
   quite mild in comparison with actual prison
   where physical beatings and homosexual
   abuse are common.

49. If you were a guard, what were you doing during the "time-off" between shifts?
   Relaxing in the sun with a ginger
   ale and time magazine, sleeping,
   behaving quite normally.

50. If you were a guard, was there any noticeable carry-over of your role-playing
    to your life during these times between shifts when you were on the outside?
    None whatever.
Q11. If you were a prisoner, what were you doing on the Sunday morning prior to being picked up?

Q12. If you were a prisoner, how did you try to cope with the prison situation once you realized how "total" it was (psychologically and behaviorally).

Q13. If you had it to do all over again in the same role you were before, in what ways, if any, would you behave differently?

I would not assume stereotypic behavior as before, as I had to keep playing that role all the way through. In order to see what changes would occur, I would be a different character, quiet, observant, aloof. How would the prisoners react if they were unsure of my disposition? How would they react if I were submissive? If I were uninvolved?
If there is any other information you care to add about your reactions, insights or evaluation, please do. Thanks.

While my behavior may have been a catalyst in the experiment, I believe it could have skewed your results. My behavior was not authentic or natural but contrived.

At no time during the experiment did I believe that the prisoners took me seriously, and I was surprised to find that they did.

Perhaps my behavior gave you some conclusions anyway. At any rate, I don't feel that I have to defend myself or my actions. I merely wish that you would keep in mind that it was a big act. I have also heard from friends and others that students cannot be compared with hard-core criminals. How would you respond to this?

Trust
while browsing in the library. Please feel free to request any information you might want from me. Your continued correspondence is welcome.
Q1. Two years have elapsed since your participation in the mock prison experiment at Stanford, can you describe what, if any, effects this experience has had on you since then.
   1. none______
   2. primarily positive __X__
   3. primarily negative ______
   4. mixed, both p & n ______

Please elaborate as specifically as possible.

I HAVE LEARNED THAT PRISON IS A DEHUMANIZING EXPERIENCE FOR EVERYONE INVOLVED. GUARDS ARE AS DEHUMANIZED PRISONERS; BRUTALITY AND AGGRESSIVENESS CAN BE EXCITED QUITE EASILY, THOUGH EASIER AND MORE STRONGLY IN SOME.

THE EXPERIENCE HAS HAD A SELF-DISCOVERY TYPE OF EFFECT ON ME, PERSONALLY. IT CAUSED ME TO ASSESS MY REACTIONS TO SITUATION. THOUGH I ASSUMED THE ROLE OF GUARD (DESPITE MY PASSIVITY) AND PERFORMED THE OPPRESSIVE FUNCTIONS OF THAT ROLE, I THINK NOW THAT I WOULD PROBABLY RESIST BEING PLACED IN A SIMILAR SITUATION THROUGH FULL KNOWLEDGE OF WHAT IT CAN DO TO MYSELF AND OTHERS.
Q2. Would you volunteer for a similar study again - that is, on mock prison role-playing?

- yes  - no  - not sure

But only if I was a:  
- guard
- prisoner  ✗
- research staff

Comment:

I WOULD LIKE TO EXPERIENCE PRISON FROM THE OTHER SIDE - AND HAVE THE OPPORTUNITY TO EXPERIENCE OURSELVES FROM THAT ANGLE.

Q3. Would you recommend that a friend participate in such a study?

- yes  ✗
- no
- not sure

Why?

FOR THE REASON I HAVE MENTIONED IN MYSELF - SEE ASSESSMENT.

Q4. How much money per day do you think it is worth to be paid to be in such a study as ours?

- as a guard  ABOUT RIGHT AS WAS
- as a prisoner  PROPORTIONATELY MORE THAN GUARDS

Q5. What is the worst thing you recall about your experience?

THE "BREAKING" OF SOME PRISONERS AND MY TACT ACCEPTANCE OF MUCH OF THE BEHAVIOUR OF OTHER GUARDS BEHAVIOUR.

Q6. What is the best thing you recall about your experience?

FRIENDSHIPS MADE WITH SOME OF THE PRISONERS AND THE RELIEF OF THE CONCLUSION OF THE EXPERIMENT.
Q7. Did you ever dream about your experience?

X yes    ____ no

If yes, please describe.

ALL I CAN REMEMBER IS THE CONTINUOUS RE-OCURRENCE (DURING THE EXPERIMENT) OF DREAMS CONTAINING NUMBERS - CORRESPONDING TO THE NUMBERS OF PRISONERS - AND THAT TO THE NUMBERS WERE ASSOCIATED WITH PEOPLE.

Q8. Do you believe that this study you participated in was unethical?

____ yes    X no    ____ unsure

Please comment.

AT THE TIME OF THE EXPERIMENT & OPRESSOR, MY MISGIVINGS ABOUT PARTICIPATING IN AN EXPERIMENT THAT WAS PSYCHOLOGICALLY DAMAGING, AND I THINK THIS TYPE OF EXPERIMENT HAS THE POTENTIAL TO DO PSYCHOLOGICAL DAMAGE OR AT LEAST CAUSE A GREAT DEAL OF ANGUISH.

Q9. If you were a guard, what were you doing during the "time-off" between shifts?

WORKING AND SLEEPING, I HAD ANOTHER JOB AT THE TIME AND HAD ONLY ENOUGH TIME TO SLEEP AND WORK.

Q10. If you were a guard, was there any noticeable carry-over of your role-playing to your life during these times between shifts when you were on the outside?

NO, I DON'T THINK SO. I SEEM TO RECALL THAT THE ROLE OF GUARD AND ITS ATTENDANT ATTITUDES WERE CONFINED TO MY HOURS ON DUTY.
Q11. If you were a prisoner, what were you doing on the Sunday morning prior to being picked up?

Q12. If you were a prisoner, how did you try to cope with the prison situation once you realized how "total" it was (psychologically and behaviorally).

Q13. If you had it to do all over again in the same role you were before, in what ways, if any, would you behave differently?

I WOULDN'T SELL MYSELF TO THE ROLE FOR MONEY AS I DID IN THE EXPERIMENT. I NEED THE MONEY AND FOR THAT REASON I TRIED TO STAY IN AS LONG AS THE EXPERIMENT WOULD LAST. IN EFFECT, I WOULD KNOW THE LIMITS OF "BUYING MY ROLE" AND WOULD ACCORDINGLY RESIST PERFORMING ACTS THAT I FELT WERE DEHUMANIZING TO THE EXTENT THAT IT COMPROMISED MY BELIEFS. OR I FELT WERE DANGEROUS IN ITS IMPLICATIONS.
If there is any other information you care to add about your reactions, insights or evaluation, please do. Thanks.

Only that the experience is not sharp at all in my mind. The only reactions I remember with clarity I have already mentioned.

It might be informative if I mentioned how people have reacted to the experiment. It is my experience that quite a few people (especially college students) know about the experiment, even those without knowledge of it are extremely interested. Inevitably they express skepticism at the "realism" of the prison—I'm sure that "real" prisons have little "reality" for those on the outside.

That is why I would affirm the value of the experiment as a personal experience and believe it has value for that reason alone.
Final Follow-up Evaluation
Stanford Prison Experiment
Dr. P. G. Zimbardo

Prisoner: #  
or Guard Shift: Day shift 10 AM - 6 PM

Current Mailing Address:
6112  QA. Ca.

Q1. Two years have elapsed since your participation in the mock prison experiment at Stanford, can you describe what, if any, effects this experience has had on you since then.
   1. none
   2. primarily positive
   3. primarily negative
   4. mixed, both P & N

Please elaborate as specifically as possible.

I have realized that there is a story within the prison. Prisoners are human and have human problems. I also suspect official versions of prison conditions and problems. Example: Attica, George Jackson. Our experience.
Q2. Would you volunteer for a similar study again - that is, on mock prison role-playing?
   ______ yes ______ no ______ not sure

   But only if I was a: ______ guard
   ______ prisoner
   ______ research staff

Comment:
   I would like the perspective allowed through being "staff."

Q3. Would you recommend that a friend participate in such a study?
   ______ yes ______ no ______ not sure

Why?
   It is up to him/her. I would give them my feelings. They would have to decide.

Q4. How much money per day do you think it is worth to be paid to be in such a study as ours?
   as a guard $20
   as a prisoner $72

Q5. What is the worst thing you recall about your experience?
   My realization that I did nothing when I saw wrongs committed

Q6. What is the best thing you recall about your experience?
   I made friends among the prisoners and guards. Also, the success and impact of our experience
Q7. Did you ever dream about your experience?

[ ] yes  [ ] no

If yes, please describe.

I used to dream of being blamed for something happening like an injury escape. It's hard to remember loud I didn't want to be blamed by "staff" or prisoners for anything sort of doubles.

Q8. Do you believe that this study you participated in was unethical?

[ ] yes  [ ] no  [ ] unsure

Please comment.

I have my own ethics. I violated my own, but as to whether Dr Zimbardo violated his I am unsure.

Q9. If you were a guard, what were you doing during the "time-off" between shifts?

[ ] seeing my girl friend and trying to enjoy summer

Q10. If you were a guard, was there any noticeable carry-over of your role-playing to your life during these times between shifts when you were on the outside?

[ ] no
Q11. If you were a prisoner, what were you doing on the Sunday morning prior to being picked up?

Q12. If you were a prisoner, how did you try to cope with the prison situation once you realized how "total" it was (psychologically and behaviorally).

Q13. If you had it to do all over again in the same role you were before, in what ways, if any, would you behave differently?

I would hold to my own values. I allowed myself to "ride along" when I should have said "stop this shit!" but I thought that for the experiment to succeed I had to "go the line."
If there is any other information you care to add about your reactions, insights or evaluation, please do. Thanks.

I would like to have a reunion if possible.
Final Follow-up Evaluation
Stanford Prison Experiment
Dr. P. G. Zimbardo

Name: [Redacted]  
Date: Aug. 10, 1973

Prisoner: # [Redacted]  
or Guard Shift: Afternoon & evening

Current Mailing Address:
[Redacted]  
STANFORD, CALIF

Q1. Two years have elapsed since your participation in the mock prison experiment at Stanford, can you describe what, if any, effects this experience has had on you since then.
   1. none
   2. primarily positive [X]
   3. primarily negative
   4. mixed, both P & N

Please elaborate as specifically as possible.
Q2. Would you volunteer for a similar study again - that is, on mock prison role-playing?

*Yes  ___ No  ___ Not sure

But only if I was a:  ___ guard
___ prisoner
___ research staff

Comment:

More opportunity to alter one's prescribed role as a guard.

Q3. Would you recommend that a friend participate in such a study?

*Yes  ___ No  ___ Not sure

Why?

I consider it a valuable, growing experience.

Q4. How much money per day do you think it is worth to be paid to be in such a study as ours?

*As a guard: 1500  ___
*As a prisoner: 2500  ___

Q5. What is the worst thing you recall about your experience?

The apparent relish that some guards showed in being in a position that allowed them to mistreat or browbeat others.

Q6. What is the best thing you recall about your experience?

The fact that the experiment created circumstances in which some of us were made to look into ourselves and make independent, if somewhat, "illegal" decisions.
Q7. Did you ever dream about your experience?  
     ___yes  ___no
     If yes, please describe.

Q8. Do you believe that this study you participated in was unethical?  
     ___yes  ___no  ___unsure
     Please comment.
     I cannot answer accurately since I do not know the use to which the experiments results or findings will be used. The experiment itself, I'd say no, since all participated voluntarily and for pay.

Q9. If you were a guard, what were you doing during the "time-off" between shifts?  
     1. Primarily looking at the behavior of the other guards and prisoners through the "one-way" window.

Q10. If you were a guard, was there any noticeable carry-over of your role-playing to your life during these times between shifts when you were on the outside?  
     Not that I was consciously aware of.
Q11. If you were a prisoner, what were you doing on the Sunday morning prior to being picked up?  

n/a

Q12. If you were a prisoner, how did you try to cope with the prison situation once you realized how "total" it was (psychologically and behaviorally).

n/a

Q13. If you had it to do all over again in the same role you were before, in what ways, if any, would you behave differently?

I believe I would break more rules as a guard, and try to keep the prisoners aware of the fact that the experiment was mock and of short duration.
If there is any other information you care to add about your reactions, insights or evaluation, please do. Thanks.

Personally, my participation left me with a sharpened awareness of how easily one accepts societal roles and, also, how quickly, or perhaps unconsciously, one allows one’s role to alter the code of ethics and behavior by which one deals and interacts with his fellow man.

The experiment provided some insights by which I can understand, to some extent, the forces that created and sustained the Watergate scandal.
Q1. Two years have elapsed since your participation in the mock prison experiment at Stanford, can you describe what, if any, effects this experience has had on you since then.

1. none [X]
2. primarily positive
3. primarily negative
4. mixed, both P & N

Please elaborate as specifically as possible.

except for this questionnaire I had all but forgotten the entire episode. A number of things have happened since then to crowd out any effect of the experiment. I was arrested for shoplifting (for real) shortly thereafter. I've had sexual problems, been to France, and am now finishing my thesis and am faced with the problem of leaving school (or becoming a professor). These are all considerables more important.
Q2. Would you volunteer for a similar study again - that is, on mock prison role-playing?
   X yes   no   not sure
   But only if I was a: guard
         prisoner
         research staff
Comment:
   I feel this kind of research is useful and it
   would be, after all, only an experiment.

Q3. Would you recommend that a friend participate in such a study?
   yes  X  no  not sure
   Why?
   It would of course be up to him, but
I had no negative feelings about the experiment
and as stated above, the research can be useful.

Q4. How much money per day do you think it is worth to be paid to be in such a study
   as ours?
   as a guard $16.00  X $2.00/hr
   as a prisoner 30.00  X 2.00/hr

Q5. What is the worst thing you recall about your experience?
   The feeling of not always knowing what was
going on or what to do. Since I was an alternate,
I felt on the edge of the experiment and didn't
feel that I was contributing anything new or different.
I was first there. Also, at one point one of the prisoners

Q6. What is the best thing you recall about your experience?
   the feeling that I was doing something
   useful, that I was being paid for it.
   the feeling that I was "in" on something.
Q7. Did you ever dream about your experience?  
   - yes  - no  
   If yes, please describe.

Q8. Do you believe that this study you participated in was unethical?  
   - yes  - no  - unsure  
   Please comment.  
   Everyone in it accepted the situation voluntarily. No physical harm was done. Anyone could quit at any time.

Q9. If you were a guard, what were you doing during the "time-off" between shifts?  
   As an alternate I was on-call, but as a graduate student I was doing research for my graduate work and preparing for a course which I would TA that fall.

Q10. If you were a guard, was there any noticeable carry-over of your role-playing to your life during these times between shifts when you were on the outside?  
   No, since I was irregularly involved.
Q11. If you were a prisoner, what were you doing on the Sunday morning prior to being picked up?

--- not applicable ---

Q12. If you were a prisoner, how did you try to cope with the prison situation once you realized how "total" it was (psychologically and behaviorally).

--- not applicable ---

Q13. If you had it to do all over again in the same role you were before, in what ways, if any, would you behave differently?

Probably try to act more self-confident and forceful, in order to better fulfill my idea of what a guard is (not should be).
If there is any other information you care to add about your reactions, insights or evaluation, please do. Thanks.

As I've mentioned before, I didn't seem to get really involved in the experiment, but I feel that it has been overplayed. The results were neither as bad nor as startling as they are made out to be by the "press". Nor were they comparable to any real fail.
Final Follow-up Evaluation
Stanford Prison Experiment
Dr. P. G. Zimbardo

Name: __________________________

Prisoner: # __________________________ or Guard Shift: 2:00 AM - 10:00 AM

Current Mailing Address:

Palo Alto, Calif 94306

Date: August 2, 1973

Q1. Two years have elapsed since your participation in the mock prison experiment at Stanford, can you describe what, if any, effects this experience has had on you since then.

1. none
2. primarily positive ✓
3. primarily negative
4. mixed, both P & N

Please elaborate as specifically as possible.

It increased my awareness of several areas.

I learned first hand how individuals react to power placed in their hands.
It also became evident how easy it is to oppress someone into a submission condition, and to maintain that condition.
I experienced and exploited the mystique of unchecked authority.

Though this experience became interested in prisons, and have followed prison riots, reforms, and as well I have since read several books on the subject and written approx. 75 pages (≈ 3 papers) for course in college.

Besides becoming acquainted with prison problems,
The most important attribute of the experience was that I "fully" understood how the power in this world is maintained and how it is used and abused. It illustrated the mechanism of power, and also how to alter and combat this power. In this regard, the experience...
Q2. Would you volunteer for a similar study again - that is, on mock prison role-playing?
   - yes   - no   - not sure
   But only if I was a:  
     - guard
     - prisoner  
     - research staff

Comment:
I would like very much to be put in the prisoner position, having now a thorough knowledge of the guards position.

Q3. Would you recommend that a friend participate in such a study?
   - yes
   - no   - not sure

Why?
It would depend greatly on the makeup of the individual's character.

Q4. How much money per day do you think it is worth to be paid to be in such a study as ours?
   - as a guard: 15
   - as a prisoner: 25

Q5. What is the worst thing you recall about your experience?
   That I accepted as normal (temporarily) the abuse of power, and used it to my own ends.

Q6. What is the best thing you recall about your experience?
   Pretty much what I talked about in Q.5, that the experiment was an education.
   In retrospect, the prison experiment was a catalyst in changing many of my ideas and opinions.
Q7. Did you ever dream about your experience?  
___ yes ___ no
If yes, please describe.

Q8. Do you believe that this study you participated in was unethical?  
___ yes ___ no  ___ unsure
Please comment.

I've thought a lot about this, but I seem unable to give a definite answer. Since I participated in it, I am also not very objective.

Q9. If you were a guard, what were you doing during the "time-off" between shifts?

Sleeping, doing some shopping, seeing friends, nothing much different from a normal day.

Q10. If you were a guard, was there any noticeable carry-over of your role-playing to your life during these times between shifts when you were on the outside?

My parents noted to me several times that I became boassy and demanding. They commented about that this house was not a prison, and I had no real authority.
Q11. If you were a prisoner, what were you doing on the Sunday morning prior to being picked up?

Q12. If you were a prisoner, how did you try to cope with the prison situation once you realized how "total" it was (psychologically and behaviorally).

Q13. If you had it to do all over again in the same role you were before, in what ways, if any, would you behave differently?

My outward attitude would probably be fairly similar. I pictured myself as a guard who was not too hard and not too easy. If my behavior were to change it would lean more to the diabolical side. I think that I would try to crush the prisoners psychologically rather than physically. I am now convinced that this type of oppression is the most effective. It is quite obvious, however, that these 2 types are interrelated.
If there is any other information you care to add about your reactions, insights or evaluation, please do. Thanks.

Nothing which I haven't stated in earlier previous evaluations, but let me restate that the more the public is aware, the sooner prison conditions will change. Especially in light of the last week's prison riots in the Midwest, this experiment can help greatly in improving life for prisoners in the United States. If the experiment is, in the end, to be judged successful, it must be used as a tool for changes in prisons or their structure.
If you could send
me the $25, the
next time you
are in our
country, I would be
very appreciative.

Thanks.

Paul
Final Follow-up Evaluation  
Stanford Prison Experiment  
Dr. P. G. Zimbardo

Name: [Redacted]  
Prisoner: [Redacted] or Guard Shift: 2AM-80AM

Current Mailing Address:  
[Redacted]  
Mt. View, CA 94043

Date: 8/5/73

Q1. Two years have elapsed since your participation in the mock prison experiment at Stanford, can you describe what, if any, effects this experience has had on you since then.

1. none   
2. primarily positive √   
3. primarily negative   
4. mixed, both P & N

Please elaborate as specifically as possible.

Q1: Q5. I think I was genuinely surprised to discover that I was capable of considerable inhumanity at the sufferings of others and that consequently I was not the humanitarian I assumed I was. There was no realization that this was mere role playing while I was doing it. Rather I treated it as a job with certain basic rules to follow (in particular, maximum harassment of prisoners). My realizations of what was happening on my part and so were quite appalling to me. As a result I feel (1) I can now effectively and objectively differentiate between my "real" nature and my role playing I might be required to do (Q13) and more significantly (2) I have greater understanding what is involved in human relations in general. Conclusion: a positive educational experience thought considerably trying and upsetting at the time.
Q2. Would you volunteer for a similar study again - that is, on mock prison role-playing?

   yes   /  no   /  not sure

   But only if I was a:  guard
                       prisoner
                       research staff

Comment:
One such exposure was quite enough; after merely seeing the prisoner responses, the thought of being one is appalling, and I have absolutely no desire to once again be an instrument of pure intimidation.

Q3. Would you recommend that a friend participate in such a study?

   yes  /  no   /  not sure

Why?
Naturally depends on the friend. Would tend to warn him about commitment involved but would probably actively seek to dissuade only if he viewed participation as a 'lark'.

Q4. How much money per day do you think it is worth to be paid to be in such a study as ours?

   as a guard  
   Base: Min. wage - 25-50%
   double time +

   as a prisoner 

Q5. What is the worst thing you recall about your experience?

   Without doubt, the scene of glee I experienced about 3rd or 4th day when prisoners obeyed my wishes with no apparent hesitation or constraint (shock, cleaning episode, deprivation of BR privileges, minimal meals). Had three to five days to get myself into role but at this point immersion complete, physically uncomfortable & emotionally upset in remainder of experiment.

Q6. What is the best thing you recall about your experience?

   The moment I learned of early cancellation - I remember mild exhilaration and considerable relief.

   About a week after experiment I met one of the prisoners on the staff at campus. He addressed me nominally as "officer" and I recall I used his number (I no longer remember it). We had a talk for 10 minutes or so about the experiment - he was not resentful and I was not really apologetic. He ended on a note of mutual amiability and said he liked me "anyway". I felt this a reaffirmation of the essential "rightness" of my own character - which was at the time still in doubt.

   I haven't seen him since.
Q7. Did you ever dream about your experience?

__yes  __no

If yes, please describe.

Did not dream during the experiment, merely lost sleep (aside from unusual hours) but afterwards had only 2 which occurred during week a so after conclusion. One was me as prisoner unable to escape and also as guard delighting in tormenting myself. Second was successfully executed escape by myself. Both were vivid.

Q8. Do you believe that this study you participated in was unethical? __extremely __unethical  __rare  __unsure

Please comment.

Think there was inadequate warning although none of us were able to fully comprehend extent of stress to follow. I recovered quickly and without apparent permanent results (I "bad" type), might view things differently if I had been prevented.

Q9. If you were a guard, what were you doing during the "time-off" between shifts?

Trying to sleep, listening to music, playing tennis. Definite attempts to get my mind off the experiment — not entirely successful

Q10. If you were a guard, was there any noticeable carry-over of your role-playing to your life during these times between shifts when you were on the outside?

None that was really noticeable, except for sports, I made effort in fact to keep away from people and kept to myself.
Q11. If you were a prisoner, what were you doing on the Sunday morning prior to being picked up?

N.A.

Q12. If you were a prisoner, how did you try to cope with the prison situation once you realized how "total" it was (psychologically and behaviorally).

N.A.

Q13. If you had it to do all over again in the same role you were before, in what ways, if any, would you behave differently?

Probably follow ground rules strictly (as before), but no excesses at any time. Would probably also sue to deflect generally reverse behavior by police guards on shift. The assumes the same object of creating worst effect in their time.
If there is any other information you care to add about your reactions, insights or evaluation, please do. Thanks.

Just a note to say that I look forward to seeing the Times article and the extent of dissemination of your results. Also, did I correctly read somewhere that one of the networks (ABC?) is presenting a special next year on a dramatization of the Jodhpur experiment?

Sincerely,

[Redacted]
Dear Phil:

Got your letter regarding the prison experiment today. I don't live at that address anymore and the letter must have got lost on the way or something.

I am quite willing to put serious effort into answering those questions frankly, however, I find mental prostitution to be quite taxing and unless I am paid $100.00 will simply not attempt it. I'm serious about this and am anxiously awaiting your reply.

All power to the people.

BERKELEY, CA. 94708