NEW DIRECTOR/NEW DIRECTIONS

A Conversation with Iris Litt, M.D.

One reason that Iris Litt accepted the directorship of the Institute was that she is attracted by the interdisciplinary nature of women's studies. This approach informs not only her work as a physician, but the way she sees the world. Iris Litt enjoys diversity, complexity, the interaction of themes, issues, events, and most of all, people. High on her list of goals for the Institute is to carry that point of view, which she sees as strength in women's scholarship, to other departments in the University. The Institute provides a "model for interdisciplinary action," she observes. She envisions projecting such a model into graduate and undergraduate teaching. The Institute, then, would become a major resource in Stanford's academic life.

The theme of working with people in several disciplines surfaces throughout Litt's career. It accounts in part for her coming to Stanford in 1976. "I saw the opportunity to interact with people who work across disciplines in adolescent development." She attends a regular weekly meeting in Family Studies that includes faculty from education, law, sociology. Her publications, which number literally in the hundreds, are, perhaps typically for medicine, primarily collaborative. Her latest book was written with her husband, Victor C. Vaughan, former chair of Pediatric Medicine at Temple University, with whom she enjoyed the total collaborative effort.

That book, Child and Adolescent Development: Clinical Implications, emphasizes that growth and development are interactive processes that embrace a "complex continuum...of components, ranging in level from molecular to the social and cultural or the political." In other of her papers, Litt's work emphasizes an interactive approach to medicine, the meshing of social and cultural with physical issues. "My view of health is not just biology," she says. "It is the interaction of biology with the society we live in." It is a point of view that is natural to scholarship in women's studies.

Litt grew up in Brooklyn, where as a child she went on house calls with her general practitioner father. He discouraged her ambition to become a doctor, because the hours would be too irregular for a woman. She went to medical school anyway, no small achievement in an era when a ten percent quota existed for women, signifying not just the challenge, but the attitude she would encounter as a woman medical student. She has many stories of her personal experiences with discrimination—for instance the time when too many students crowded the surgical theater and the "great surgeon" turned to her and said, "Hey you—get away from the table. Women don't belong here anyway." Then turning to the nurse, he said: "How would you like to take orders from a woman?" She replied that it would be a pleasure.

Following her graduation (Summa Cum Laude) from Downstate Medical Center, Litt began her internship, then her residency at New York Hospital. (During this time, her first son was born.) She wanted to do adolescent medicine, but no field yet existed. She would pioneer the development of that specialty within pediatrics. Her

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ENDOWED DIRECTOR'S FUND BOOSTS INSTITUTE PROGRAMS

With a gift of $25,000, an anonymous donor has established an endowed Director's Discretionary Fund for the Institute. The interest earned by the new fund will be available, in perpetuity, for directors to support special research, programs, or awards, and to respond to innovative ideas which might arise unexpectedly. This good news came as outgoing director Deborah Rhode was "passing the baton" to Iris Litt, and both greatly appreciate the vote of confidence in the Institute and its leadership which the gift represents. Endowed gifts to the Institute are labeled "high priority" during the Stanford Centennial Campaign. Some gifts are eligible for matching funds. For more information, please call Carolyn Barnes, Provost's Office, (415)723-9078.
ASSOCIATES NEWS

Local Associates

We begin this year by congratulating our newly elected board members and welcoming them, along with our returning board members, to an intellectually stimulating and exciting year. In addition to our gracious chair, Mary Anna Matsumoto, the following board members have agreed to serve another year: Rima Abu-Zayyad, Suz Cameron, Margi Catron, Elaine French, Karen Jost, Cathy Latta, Marnie Paulus, Jan Pieper, Sara Taft, Anita Weissberg, and Jane Yates.

They will be joined by new members Helga Ausman, Audrey Burkard, Carol Louchheim, and Lisa Stelck. Among the decisions to be made at the first board meeting is the topic and location of this fall’s seminar.

Associate Satellite Groups

New Institute director, Iris Litt, and continuing associate director, Sherri Matteo, will speak to the Southern California Associates on Friday, November 9, at the home of Carmela Bosko in Hancock Park.

Plans are also underway for fall seminars in San Francisco and New York. Please watch your mailbox for details or call the Institute (415-723-1994) for information.

Corporate Associates

On Tuesday, September 11, the Institute’s Corporate Executive Planning Committee will meet to determine the topics of this year’s quarterly Corporate Seminar Series and to begin planning the annual half-day June program. For information about the Corporate Associates Program and upcoming seminars, please call the Institute (415-723-1994).

MATTEO TO TEACH IN CONTINUING STUDIES

Associate director Sherri Matteo will teach “The Psychology of Women” for Stanford’s winter quarter Continuing Studies Program. The course will cover the history, development and maintenance of sex roles in our culture. The class will look at how sex roles have influenced women’s and men’s overall lifestyles, work and family roles, personality patterns, cognitive abilities, and social behaviors, using both research studies and literary pieces.

Matteo has taught at Stanford since 1985. She is a social psychologist specializing in the study of sex role stereotypes. In addition to her position at the Institute, she teaches for the Programs in Human Biology and Feminist Studies. She is currently editing a book of conference proceedings on menopause (with former visiting scholar Ann Voda and Rosemary Conover); a volume on androgyne (with senior scholar Marilyn Yalom); and co-authoring a book entitled On Teaching the Psychology of Women. For information about course enrollment, please call (415) 725-2650.

UPCOMING EVENTS

Open House

The Institute will hold an Open House on Thursday, November 1 at 4 p.m. to welcome our new director, Iris Litt. Institute faculty, scholars, staff, and associates will be available to answer questions about who we are and what we do.

Program on Family/Workplace Issues

On November 16, the Institute and the National Council for Research on Women will co-sponsor a program titled “Beyond Parent Tracks: Alliances for the '90s.” A full-day seminar in San Francisco will bring together leading scholars, senior policy specialists, and corporate managers to explore strategies for accommodating work and family concerns. The program is part of a series that is planned for a number of major cities under National Council auspices. Its objective is to encourage a better exchange of expertise, resources, and planning efforts on both a local and national front.

Book Party

On Wednesday, November 28, at 4:30 p.m., the Institute will host a book party for Stanford professor of education and long-time Institute supporter David Tyack and former Institute visiting scholar Elisabeth Hansot. Copies of their new book, Learning Together: A History of Coeducation in American Schools, will be available for signing.

Conference on Divorce

This fall, the Institute will co-sponsor a conference on “Divorce: Everyone’s Concern,” coordinated by the California Association of Marriage and Family Therapists. The conference provides many hands-on, interactive workshops that are designed to be empowering for both the general public and professionals in the helping professions. Afternoon workshops include: Divorce and Grief—Tools to Cope, Living Alone and Liking It, Understanding Your Child’s Reactions to Divorce, Communication Skills for Negotiation in Divorce, and Stepfamily Intervention Strategies.

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SCHOLARS—1990-91

Visiting scholars who have been appointed for the coming academic year are:

Cynthia Fuchs Epstein, professor of sociology at the Graduate Center, CUNY, whose current research focuses on the impact of workplace culture on the meaning of work, both to men and to women. She will also update her earlier work on women in the legal profession. Her most recent book is Deceptive Distinctions: Sex, Gender, and the Social Order (Yale University Press, 1988).

Susan Frye, on leave from the University of Wyoming, where she is an assistant professor of English. Frye will continue her research on the relation between Elizabeth I as sovereign female and the male world which surrounded her, defined her, and interacted with her.

Sondra Herman, from the History Department, DeAnza College. She has two projects underway on the Swedish feminist politician, Alva Myrdal. The first considers Myrdal’s efforts to reconcile the economic and professional independence of mothers with the emotional health of their small children. The second is a booklength study of Myrdal’s experiences in and opinions about America from 1929-79.

Rosemary Killam, associate professor of music theory, University of North Texas, who will be in residence during fall quarter. She is conducting an inquiry into the aesthetic qualities of music through the lives of women academic musicians. Her preliminary findings are the result of a questionnaire sent to 5,500 women music faculty.

Stephanie Riger, director of Women’s Studies and psychology professor at the University of Illinois, Chicago. Her interest is in women in organizations, and especially in issues of power and authority in the workplace. She is working on a manuscript which will present a model of the life stages of feminist organizations which integrate theories of organizational growth and development with those of the dynamics of non-hierarchical organizations.

Carol Sanger, associate professor of law at Santa Clara University, specializing in family law. Her project is the completion of Mother From Child: Legal and Literary Responses to Maternal-Child Separations—a study of the ways in which law regulates and literature portrays maternal decisions to separate from children.

Appointed for two-year terms to the Institute affiliated scholars’ program are:

Herlinda Cancino, who has just completed her appointment as visiting assistant professor in the Stanford School of Education. Last year she was the recipient, together with Stan Wanat, of a Marilyn Yalom Fund award for their study of campesinas—Hispanic fieldworkers in the Salinas Valley. Cancino and Wanat are extending their research to two additional populations of Hispanic women—entrepreneurs and academics—focusing on the obstacles that Hispanic women must overcome in order to advance in their occupations.

Maud Gleason (Classics) is nearing completion of a manuscript on rhetoric as an instrument of masculine identity in Greco-Roman society of the second century. Gleason views the Institute in part as a forum for presenting her research, in order to make connections with the interests of scholars in other disciplines.

Stan Wanat was recently a lecturer and counselor at the Stanford Center for Teaching and Learning. He is collaborating on a research project with another affiliated scholar (see Cancino, above).

Affiliated scholars who are continuing their terms of appointment are as follows:

Susan Groag Bell
Lucia Chiavola Birnbaum
Pamela Eakins
Marcia Falk
Susan Faludi
Edith Gelles
Yoko Kawashima
Phyllis Koestenbaum
Karen Offen
Wenda Brewster O'Reilly
Elizabeth Roden
Mollie Rosenhan
Ginetta Sagan
Marilyn Yalom

SCHOLARS’ COLUMN

Affiliated scholar Susan Groag Bell has been elected to a two-year term as president of the Pacific Coast Conference on British Studies. This organization is part of the American-Canadian Conference on British Studies, of which Bell is now a member of the council.

Edith Gelles, affiliated scholar, presented a paper about her biography of Abigail Adams at the Pacific Coast Branch/American Historical Association meeting in Salt Lake City. She also gave an introductory talk on the history of the women’s movement in the U.S. to a group of feminists from Taiwan during their Stanford visit this summer.

In June, associate director Sherri Matteo gave a lecture for the Women’s Health Care Advisory Committee at the Palo Alto V.A. Medical Center on “Prescription Drugs and Women.”

Karen Offen, affiliated scholar, provided a session commentary on varieties of motherhood, at the conference of the International Federation for Research in Women’s History, Madrid, Spain in late August. In early September, she chaired a workshop on the history of nationalism and feminism at the congress of the International Society for the Study of European Ideas, in Louvain, Belgium.

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International Perspectives on Maternal and Child Health

Jing Lyman Lectures, Fall 1990

Institute for Research on Women and Gender

Wednesday, October 10, NOON
Tresidder, Cypress room
**Maternal Mortality in Egypt: A Sociomedical Perspective**
Soheir Morsy, Ph.D., anthropologist from Egypt, Visiting Associate Professor at Berkeley.

Wednesday, October 24, NOON
Tresidder, Cypress room
**Children without Childhood: A Portrait of Children in India**
Neera Sohoni, Ph.D., author of Women Behind Bars and A People for Themselves.

Wednesday, November 7, NOON
History Corner, Building 200
**Visions of Maternal and Child Health: Creating a Working Model**
Ruth Sidel, Ph.D., Professor of Sociology at Hunter College

Wednesday, November 14, 7:30 PM
Tresidder Oak East
**Contraception and Family Planning in the Third World**
Betsy Hartmann, Director of the Hampshire College Population and Development Program

Wednesday, November 28, 7:30 PM
Tresidder Oak East
**Sexually Transmitted Infections and Reproductive Health: A Gender Bias**
Willard Cates, M.D., Ph.D., Director STD/HIV Prevention at the Centers for Disease Control;
Sylvia Cerel, Teaching Fellow, Program in Human Biology
Donald Francis, M.D., Ph.D., CDC Regional AIDS Consultant
Ruth Greenblatt, M.D., Assistant Professor of Medicine at UCSF

The Fall quarter series was made possible by the Ford grant to Stanford, and the following generous co-sponsors: the Program in Women in Medicine and Medical Sciences, Bechtel International Center, Cowell Student Health, and the Program in Human Biology.

All events are free and open to the public.
For further information, please call 415/725-0369.
COMING EVENTS: JING LYMAN LECTURES

Fall, 1990: International Perspectives on Maternal and Child Health

The fall series, "International Perspectives on Maternal and Child Health," opens with a lecture by Soheir Morsy, Ph.D., on "Maternal Mortality in Egypt: A Sociomedical Perspective." Morsy is an anthropologist from Egypt presently visiting UC-Berkeley as a visiting associate professor. Her area of expertise is women's reproductive health and medical anthropology, particularly in Egypt. Her most recent publications have appeared in Signs, Medical Anthropology: Handbook of Theory and Method, and Contemporary Arab Studies.

In the second lecture of the series, Neera Sohoni, Ph.D., will focus on her work in India when she discusses "Children without Childhood: A Portrait of Children in India." With over twenty years of experience with UNICEF and the Indian government, Sohoni is well qualified to address issues concerning the vulnerability of female children, and the link between child nurturing and women's development in the Indian context. Her most recent publications include Women Behind Bars and A People for Themselves.

Ruth Sidel, professor of sociology at Hunter College, describes "Visions of Maternal and Child Health" in the third lecture of the series. Sidel will compare maternal and child health care in China, Sweden, and the United States. She has conducted extensive research on poverty and its effects on women and children in the United States. In this comparative approach, Sidel will address issues of politics, color, and poverty and their influence on health care. Using the successful aspects of each system, she will construct an ideal model for maternal and child health. Sidel is author of Women and Child Care in China, as well as Women and Children Last: The Plight of Poor Women in Affluent America.

In "Contraception and Family Planning in the Third World," Robert Hatcher, M.D., M.P.H., author of Contraceptive Technology and Contraceptive Technology, International, will discuss his experiences as a practicing physician in Africa, China, and Egypt. He will include the effect of cultural practices on the success or failure of any family planning program. Betsy Hartmann, Ph.D., will join Hatcher and describe her research in Bangladesh. Hartmann will differentiate between family planning as a weapon of population control and as a tool of reproductive choice. She will also examine the impact of population control on the development of mother and child health services in south Asia and current strategies of reform. Director of the Hampshire College Population and Development Program, Dr. Hartmann has most recently published Reproductive Rights and Wrongs: The Global Politics of Population Control and Contraceptive Choice, and The Poverty of Population Control: Family Planning and Health Policy in Bangladesh.

The series will conclude with a panel on "Sexually Transmitted Infections and Reproductive Health: A Gender Bias." William Cates, M.D., M.P.H., Director of the Division of STDs/HIV Prevention at the Centers for Disease Control in Atlanta, will present the primary concerns regarding STDs and AIDS, and how various cultural practices lead to their transmission. Donald Francis, M.D., Ph.D., is the CDC advisor to California and chairs San Francisco Mayor Art Agnos' AIDS Task Force. He was one of the first to suggest that AIDS was caused by an infectious agent. Ruth Greenblatt, M.D., assistant professor at UCSF Medical School, will be the third panelist. Sylvia Cerel, teaching fellow at the Program in Human Biology and co-author of Contraceptive Technology, will moderate.

The series was made possible by a Ford grant to Stanford, which supports integration of multicultural information in the curriculum. The series is also made possible by the following generous co-sponsors: the Program in Women in Medicine and Medical Sciences, Bechtel International Center, Cowell Student Health, and the Program in Human Biology. All lectures are free and open to the public. For further information, phone (415)725-0369.

Conference on Divorce – Continued from page 2

The keynote speakers include the Honorable LaDoris Cordell, Santa Clara County Superior Court judge, on "Child Custody Issues: The View from the Bench." Judge Cordell will describe the personal and legal dilemmas confronting a judge who must make decisions about the family, in particular child custody. Janet Johnston, of Stanford's Sociology Department, will talk about divorce from a psychological perspective in her talk, "Caught in the Time-Warp of Divorce: Helping Families through the Divorce Transition." The afternoon also includes a panel, facilitated by Barbara Varenhorst, of Palo Alto school children whose parents have divorced. Books by the speakers and by the co-sponsoring groups will be available.

The conference will take place on Saturday, October 13, from 8:00 a.m. to 5:00 p.m. at Cubberley Auditorium, Stanford. Pre-registration is highly recommended ($50), although walk-in registration will be available for $60. Six continuing education hours of credit are available for nurses. Please call (415)424-9199 or (408)973-8444 for further information or registration materials.
opportunity came when Montefiore Hospital and Medical Center (Albert Einstein College of Medicine) decided to experiment with a new unit that would, in conjunction with the City, focus on adolescent medicine—working with thousands of kids from five boroughs, riddled with the usual city problems. She became the director of the Prison Program. (Her second son was born during this time.)

"I was young, naive, and enthusiastic," she says. "It turned out to be one of the best experiences. We were able to make significant changes." The City was so pleased with the program that it was extended to Rikers Island Detention Center. Litt spent half of her day in jail, working with 16- to 20-year-old males, and the rest in the traditional hospital. "What made it fun was that we had trainees, not just physicians, but people in pharmacy, nursing, lab technicians." On this foundation, Litt built her career in adolescent medicine. She came to Stanford in 1976 as associate professor of pediatrics and director of the Division of Adolescent Medicine. In 1987, she became professor.

Litt confesses that the climate helped to lure her to Stanford. Her whole life, with the exception of her undergraduate years at Cornell University, was lived in New York City. "I didn't think one could be happy outside New York," she admits of her early chauvinism. Then, invited to interview at several medical schools on the West Coast, she recalls riding down Palm Drive early on a March morning thinking about the cold, wet East, and she "fell in love with Stanford."

Litt's satisfaction with her work is clear. "Medicine can take you any place," she says. "Without being a doctor, I wouldn't have had such an interesting life." Her research within adolescent medicine is broad, so we focused on several small areas for their implications in women's studies.

"Virginia Woolf's health cannot be thought of as separate from her work," she notes. One such area concerns the effect of communication on medical studies. "The way women speak about and perceive illness is vastly different from men. Studies have shown that women who have coronary bypass surgery do more poorly than men. Why? It turns out that women are referred later in their illness. The way a woman expresses cardiac symptomatology may not have the same impact on her doctor. She may say, 'It takes me longer to get out of bed in the morning.' That's not the symptomatology to which a male doctor would attach much meaning. It's not like 'I can't play golf or tennis the way I used to.' There's got to be a connection between language, communication, and health."

Some of her research in adolescent health has looked at gender differences in sports. "We don't know anything about the health impact of sports on women," she points out. "The model is male. We don't know how to guide women." One reason is that studies typically use men subjects because women's hormones complicate the issues. But also, women's entrance into the sports arena is so recent. It used to be that a soft body was admired; as society changed its idealized female form, women were permitted to become athletic. "Societal views were reinforced by paternalistic attitudes of 'protecting' women from harm."

Pressed to describe ways to implement her program for the Institute more broadly into the community, Litt has interesting ideas. It must be done on an individual basis as well as at an institutional level, she claims. Each one of us has to reach out to people. "I am a perfect example," she says of her own former naivete about gender issues. She wasn't aware that she was doing gender studies until it was pointed out to her. "There are others out there who could look at what is female or feminist in their own work. The barrier has to be broken down so people can come here and learn." Still at the personal level, she points out that "we have to get beyond male mentors." Litt hopes to start several seminar series at the Institute that would confront these issues. "Women publish less than men," she observes, "not because they work less. Either there are different standards or they need advice. It is a reasonable area to explore." Recently appointed editor of the Journal of Adolescent Health Care, she intends to implement a policy of "blind reviewing" which she believes will be more fair to women.

One would expect Iris Litt to be intense, an A-type personality. I did, and she isn't. Despite her A-type C.V., her manner is relaxed, gracious, warm, generous. Her voice is calm, her appearance strikingly glamorous. She's a runner, a sport she can do spontaneously and anywhere. Her two grown sons are now out of the house, one a law student (interested in reproductive law, she says proudly) and the other an undergraduate. Perhaps their absence provides the space in her life that has allowed her to accept the directorship of the Institute. It is nothing new to have two jobs: "You get burned out when you just do one thing," she claims.

Edith Gelles, Affiliated Scholar

Edith Gelles
INTERNATIONAL VISITORS

Taiwan

Twenty-one Taiwanese women were welcomed to Stanford at a reception given by Volunteers in Asia at Tresidder Union in August. These visiting feminists, representing a variety of occupations and women's organizations, spent two weeks in the Bay Area on a study tour designed to introduce them to American women’s groups and U.S. political culture. While at Stanford they attended a lecture by Institute affiliated scholar Edith Gelles on the history of the women's movement in this country.

USSR

In July, Inna Schneiderman, director of research at the Central Laboratory of Social and Economic Measurements, Academy of Sciences in Moscow, spoke to the Institute scholars and staff about the status of USSR women. She presented a proposal suggesting the formation of a Soviet women's movement and emphasized its potential for interaction with American and international women.

Specific ideas included creating a national women's movement magazine and establishing a venture bank for promoting women's entrepreneurship. Schneiderman was a member of the advance team who prepared for President Gorbachev's visit to campus in June.

Other visitors from the Soviet Union were a panel of researchers on women's issues, under the leadership of Anastasia Posadskaya. Their League for Emancipation of Stereotypes (one of the first feminist groups in the Soviet Union) was set up in 1988 as an informal group under the Institute for Socio-Economic Studies of Population, within the framework of the Academy of Sciences. This has led to the establishment this fall of the Academy’s Center for Gender Studies.

Australia

Giuseppina Galiano Vuocolo, of the Italo-Australian Women’s Association, visited the Institute as a guest of affiliated scholar Lucia Chiavola Birnbaum. Vuocolo was traveling to Italy for an international conference of women of Italian ancestry from such diverse cultures as the U.S., Argentina, Canada, and Australia.

West Africa

Another summer visitor was Claire Grah, of the Ministry of Women’s Affairs and president of the International Committee of African Women for Development (CIFAD), Cote d'Ivoire, West Africa. She was meeting with women's groups throughout the country under the auspices of the U.S. Information Agency's International Visitor Program. Grah's stated purpose was to see firsthand the progress made for women in the U.S. and the challenges that still remain. CIFAD's goal is to promote the active participation and integration of African women in the socio-economic development of their countries.

NEW APPOINTMENT IN FEMINIST STUDIES

We welcome to Serra House new Feminist Studies program administrator Lisa Layne, who replaces our longtime friend and colleague, Kerry Hosley. Lisa is relatively new to Stanford, having spent the last year or so producing and directing a documentary video on environmental issues called “Close to Home.” Before this, Lisa spent ten years as a copywriter and creative director in advertising.

Her interest in the social and attitudinal causes of environmental problems is reflected in her philosophy that “if we can just be true to ourselves in a natural and basic way, then we will be more likely to do the right thing for the environment.” She is very excited about her new part-time position, which allows her more time to pursue her film-making interests and to ride her bike to work—both pluses for the environment!

Kerry Hosley is training to become a vocational rehabilitation counselor and is working in the greater San Jose area. We miss her warm and capable presence among us but wish her the best of luck in her new career.
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DISSEYATATION
FELLOWSHIP AWARD

The winner of the 1990-91 Feminist or Gender Studies Dissertation Fellowship, awarded by the Dean of Graduate Studies, is Toni O'Shaughnessy, a graduate student in Stanford's English Department. Her research is concerned with the politics of middle-class motherhood in early modern England. She holds degrees from Houghton College, the University of Southern California, and Stanford, and has published scholarly articles in several professional journals. In 1989-90, she was a graduate fellow at the Stanford Humanities Center. O'Shaughnessy will spend the fellowship year completing her doctoral dissertation, "Maternal Ideology and Matriarchal Authority: British Literature and Women's Place, 1680-1750."

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